

Weekend Workshop

exploring

The Art of Curative Eurythmy



We invite you to explore with us the importance of this movement therapy and share insights into movement as a modern means of healing and aid in the self management of the imbalances in our well-being.

Rudolf Steiner's series of eight lectures on curative eurythmy in 1921 and 1922, forms the foundation of our course,

Jonathan White, Dr Helen Proctor and Dr Richard Drexel lead the workshop.

Some prior knowledge of eurythmy is highly recommended and would be an advantage; but is not a prerequisite

Date: 6pm Friday February 28 through 1pm Sunday March 2

Location: 33 Te Mata Peak Road, Havelock North, Hawkes Bay

Course fee \$285

For registration and enquiries please contact Jonathan at jw021320850@gmail.com.

We look forward to your participation with interest. Helen, Richard & Jonathan