

An Introduction to the Art of Curative Eurythmy

We invite you to explore over 3 weekends with us, the importance of this movement therapy and to impart some of the insights behind this as a modern means of healing and the self management of imbalances in our well being.

Rudolf Steiner gave a series of 8 Lectures on Curative Eurythmy in 1921/1922 which will form the foundation of our course.

Drs. Helen Proctor, Richard Drexel, Matthias Seidel and Rene' de Monchy will be giving lectures based on the Anthroposophical Medical model. The eurythmy will be introduced by Richard Drexel, Helen Proctor & Jonathan White.

Some prior knowledge of Eurythmy is highly recommended & would be an advantage but is not a prerequisite.

Dates and Locations:

- **6th-8th Sept 2024.** Fri 6pm start, Sat full day, Sun 12pm finish. Taruna. 33 Te Mata Peak Rd, Havelock North.
- **15th - 17th Nov 2024.** Fri 6pm start, Sat full day, Sun 12pm finish. Rudolf Steiner House. 104 Michaels Ave, Ellerslie, Auckland.
- **28th Feb and 1st-2nd March 2025.** Taruna. 33 Te Mata Peak Rd, Havelock North. (times to be confirmed)

Course Fees:

Individual Weekend Course: \$285

Attendance for all 3 weekends: \$599

For registration and inquiries, please contact
jw021320850@gmail.com

We look forward to your participation with interest.
Helen, Richard & Jonathan